



# Blood Pressure Log

	SBP	DBP
Target*		

Date	Time	SBP	DBP	BOM	Notes

\*Consult your doctor to determine your target blood pressure.

1701 NE 7th Street, Grants Pass, OR 97526

Cedarwood  
(541) 476-8859

Douglas  
(541) 476-7000

Greater Glendale  
(541) 832-5400

Illinois Valley  
(541) 450-3625